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# Brief on Community Based Rehabilitation Programme (CBR) Implementation – Busia District

**Introduction:** In 2005 the Government of Uganda renewed an Agreement with Norwegian Association of Disabled (NAD) to expand Community Based Rehabilitation Programme to two other new Districts that is Busia and Kayunga. Before this Community Based Rehabilitation Programme with support of NAD was only operating in Tororo District which is also regarded a model District in this programme.

Norwegian Association of Disabled also finances Inclusive Education (IE) programme of department of education.

Community Based Rehabilitation is defined as a strategy within general Community Development for rehabilitation, equalization of opportunities and social inclusion of all children and Adults with Disabilities themselves, their families and communities and the appropriate health, educational, vocational and social services.

Community Based Rehabilitation targets PWDs of all types of impairments including difficulties in hearing, speaking, moving, learning or behaving. It targets all age groups children, youths, adults and elder persons.

Community Based Rehabilitation <u>vision</u> is a fully integrated PWD community, accessing equal opportunities and enjoying good quality life in society.

Community Based Rehabilitation <u>mission</u> is "Creation of an enabling environment for equalization of opportunities and services leading to improved quality of life of PWDs.

# **Goals of Community Based Rehabilitation**

- Enhance the activities of daily living of PWDs
- Promote awareness in respect to disability issues
- Break barriers associated with disability
- Promote Community participation in order to encourage PWDs to participate in community activities.
- Promote community ownership of Community Based Rehabilitation programmes to ensure sustainability.

### **Implementation of Community Based Rehabilitation Programme**

The overall coordination of this programme is vested in the department of Community Development. Structures are in place at all levels to ensure smooth implementation. Such structures include District Community Based Rehabilitation Steering Committee, sub-county Community Based Rehabilitation Steering committees, Community Based Rehabilitation Volunteers at every parish and Community Based Rehabilitation Artisans in every sub-county.

The District steering committees consists among other members from external NGOs / Organisations including;- Uganda National Association of the Deaf (UNAD) Uganda National Association of the blind (UNAB), Action on Disability and Development (ADD), Butiru Chesire home for PWDs, Mbale regional hospital and NUDIPU.

According to the agreement signed in November, 2005 between GoU and NAD, the District is required to contribute 20% to the overall NAD financial support.

# Activities implemented this F/Y under Community Based Rehabilitation programme

- Home Based Interventions.
- Referral of PWDs clients to appropriate educational, health and vocational centres.
- Sign language training for different service providers.
- Provision of assistive devices / appliances to PWDs clients.
- Celebration of International Day for PWDs.
- Publicity of disability activities in the District.
- Steering Committee meetings both at sub-county and District levels.
- Sensitization of PWDs on HIV/AIDS, Safe motherhood and adolescent reproductive lives.
- A census on PWDs in the District is to be undertaken in the months of June July 2007.

#### Counter part funding

This financial year the District Local Government contributed shs. Six millions and five hundred thousands (6,500,000/=) out of the required 28,000,000/- millions representing 23.2% contribution.

The District Local Government also provided land to the District Union of PWDs to construct an office block with financial support from Action on Disability and Development (ADD). This block has already been roofed.

The District has supported 120 groups of PWDs with small projects of Piggery, Apiary, Goats, Vanilla vines, Poultry under LGDP and NAADS programmes, these groups are spread through out the District.

Masafu sub-county administration is procuring 3 tri-cycles for PWDs identified from three parishes.

Lunyo sub-county administration funded the celebration of the International Day for PWDs at their sub-county Headquarters.

#### Number of PWDs reached.

Since the launching of the Community Based Rehabilitation Programme in the District, 2610 PWDs have been reached through the Community Based Rehabilitation volunteers who work at parish levels. Of 2610 clients, Home Based Interventions have been done to 870 clients. Home based Interventions done include;-

- Training the clients and their families in activities of daily living.
- Counselling and guidance
- Home improvements
- Construction of Appropriate Appliances for clients.
- Sensitisation of families of PWDs on Hygiene and sanitation, disability management and prevention, etc.

# Sustainability plan

NAD support for Community Based Rehabilitation programme terminates in June 2008.

A ware of this the District has emphasized the issue of mainstreaming disability issues in all development workplans at all levels from the sub-county to the District.



The District has also committed itself to continuously allocate locally generated funds to Disability issues through the department of Community Development.

A number of structures on disability such as councils of PWDs, steering committee etc have been established at all levels, and these will continue to voice disability issues during planning processes.

## Challenges / Constraints

- District counterpart funding is not fully realized.
- Poverty in homes of PWDs, due to this, they are not able to take refereed cases to appropriate referral centers.
- Epilepsy is a common disability in the community, yet drugs for this are only at Masafu HC IV.
- There is high demand / expectations by PWDs, parents of CWDs and generally the community in Community Based Rehabilitation programmes, PWDs themselves demand that the programme should provide them with life necessities.
- Negative attitude towards disability issues in the community still remain rampant.
- Some sub-county authorities still not taking disability issues as priorities in their budgets / workplans.

#### Recommendations

- There is need for the District to increase on counter part funding of the programme.
- There is need for continuous sensitization of different stakeholders on the issue of attitude towards PWDs.
- Constant follow-up especially to sub-counties is required to ensure that disability issues are prioritized.
- There is need to continuously sensitised the community on the importance of seeking medical services from appropriate health centres to avoid birth defects hence leading to disability.
- The District health office needs to continuously carryout reach sessions to communities on epilepsy.

Thank you,

Titus Ouma

**District Community Development Officer** 

# PROPOSED PROGRAMME FOR THE VISIT OF HON. MINISTER OF STATE FOR ELDERLY AND DISABILITY TO BUSIA DISTRICT.

| TIME              | VENUE   | ACTIVITY  | RES.<br>PERSON                |
|-------------------|---|---|-------------------------------|
| 9:30 – 10:00 a.m. | District Headquarters<br>(District Chairperson's<br>office) | <ul> <li>Welcome remarks</li> <li>Brief discussion on CBR programme implementation</li> </ul> | District<br>Chairperson       |
| 10:00 -11:00 a.m. | Syanyonja parish,<br>Busitema sub-county                    | - Visit a home of an Elderly<br>PWD man in Buyala<br>village.                                 | CDO<br>Busitema<br>sub-county |
| 11:00 -12:00 p.m. | Syanyonja parish,<br>Busitema sub-county                    | <ul> <li>Visit a home of an Elderly<br/>PWD woman in Syanyonja<br/>village.</li> </ul>        | CDO<br>Busitema<br>sub-county |
| 12:00 – 1:00 p.m. | Chawo parish, Busitema sub-county                           | - Visit a home of CWD in Busabi village.  | CDO<br>Busitema<br>sub-county |
| 1:00 – 2:00 p.m.  | Busitema University,<br>Busitema sub-county                 | - Visit a home of CWD in<br>Busitema University   | CDO<br>Busitema<br>sub-county |
| DEPARTURE         | DEPARTURE   | DEPARTURE   |                               |